



NEWS RELEASE

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FOR IMMEDIATE RELEASE

City of Las Vegas September 2006 **LEAGUES, SPORTS & SWIMMING (ALL AGES)**

(All activities are subject to change. List is not all-inclusive. Call centers near you for complete list of classes and activities. Most activities require advance registration.)

Outreach Sports (ages 6-11)

Fees: vary; most are free.

Citywide Youth Sports, 3074 Arville Street, (702) 229-1646.

Fun and safe recreation for children. Scheduled sports include T-ball, basketball, flag football, soccer, wrestling, track and field, tennis, kickball, martial arts, cheerleading, whiffle ball and war ball.

Locations and times vary. Call for information.

Free Health Hearts: Tone, Stretch, Relax (adults)

Wednesdays, 6:30 to 7:30 p.m.

Doolittle Community Center, 1950 North J Street, (702) 229-6374.

Yoga and Pilates-based exercises. Mats provided.

Pilates with Jackie (ages 18+; 16-17 if accompanied by parent)

Monday through Friday, 5:30 to 7 p.m.

Fee: \$15/month

Doolittle Community Center, 1950 North J Street, (702) 229-6374.

Teen Kickboxing for Beginners (ages 13+)

Tuesdays and Thursdays, 6 to 8 p.m.

Fee: \$15/month

Doolittle Community Center, 1950 North J Street, (702) 229-6374.

11 vs. 11 Adult Soccer League (ages 18+)

Tuesdays or Wednesdays

Fee: \$300 per team, plus \$250 officials' fees. Call (702) 229-1633 for registration and start dates.

Kellogg and Zahar Sports Complex, W. Washington Avenue at Buffalo Drive.

Teams must wear matching jerseys. Divisions are Coed 18+, Men 35+, Women 30+, Men 30+, Men 40+, Men 18+, Women 18+, and Coed 30+. Soccer is played all year.

11 vs. 11 Coed Adult Soccer League (18+)

Wednesdays, dates and times to be announced.

Fee: \$300 per team, plus \$250 officials' fees. Includes 8-10 games plus playoffs. Open age division.

Centennial Hills Park, Elkhorn Road at Buffalo Drive. Playoff teams pay \$25 per game.

Sponsored by Molasky Community School. Call (702) 229-5345 for information and registration.

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Over 35 Coed Adult Soccer League (35+)

Wednesdays, dates and times to be announced.

Fee: \$250 per team, plus \$200 officials' fees. Includes 6-8 games plus playoffs.

Centennial Hills Park, Elkhorn Road at Buffalo Drive. Playoff teams pay \$25 per game.

Sponsored by Molasky Community School. Call (702) 229-5345 for information and registration.

Jazzercise (ages 12+)

Monday, Wednesday and Thursday, 6:30 to 7:30 p.m.; Saturday, 9 to 10 a.m.

Fee: \$34 per month

Lied Community School, 5340 West Tropical Parkway, (702) 229-5072.

Sports Galore

Fees: vary; some are free with membership.

Dula Gymnasium, 441 East Bonanza Road, (702) 229-6307.

Dula offers bowling at Jerry's Nugget; pickle ball, table tennis, bocce, golf, paddle tennis, basketball, volleyball, hiking and weight training. Call for days and times.

Youth Gymnastics (ages 18 months-14 years)

Days and times vary according to age and level of achievement.

Fee: \$29, \$34 or \$42, depending on age and class frequency.

Veterans Memorial Leisure Services Center, 101 North Pavilion Center Drive, (702) 229-1100.

For beginners through Level 8 recreational gymnasts, includes tumbling, balance beam, mini trampoline, vault and uneven bars.

Free Bocce & Horseshoes Groups (ages 50+)

Bocce Mondays and Wednesdays, 10 a.m. to noon.

Horseshoes Tuesdays and Thursdays, 10 a.m. to noon.

Northwest Senior Center, 6841 W. Lone Mountain Road, (702) 229-4794.

Free Open Table Tennis (ages 50+)

Monday through Friday, 12 to 2 p.m.

East Las Vegas Community/Senior Center, 250 North Eastern Avenue, (702) 229-1515.

Mondays and Wednesdays, 9 to 11 a.m.

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

Mondays and Wednesdays, 8:30 to 11:30 a.m.

Howard Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Free Paddle Tennis (ages 50+)

Mondays, Tuesdays and Thursdays, 7:30 to 9:30 a.m.

Veterans Memorial Leisure Services Center, 101 North Pavilion Center Drive, (702) 229-1100.

Free Hot to Trot Walking Club (ages 50+)

Monday through Friday, 6 to 7:30 a.m. Walking track is inside climate-controlled gymnasium.

Veterans Memorial Leisure Services Center, 101 North Pavilion Center Drive, (702) 229-1100.

Free Shuffleboard (ages 50+)

Last Thursday of each month, 9 to 11 a.m.

East Las Vegas Community/Senior Center, 250 North Eastern Avenue, (702) 229-1515.

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Feeling Good Fitness (adults)

Mondays and Wednesdays, 6 to 7 p.m.

Fee: \$20 per month

West Community Center, 2050 Sapphire Stone, (702) 229-5080.

Fitness assessment, fitness plan, stretching, toning, low-impact exercise class and personal training teach you how to successfully reach your goals with easy-to-use fitness equipment.

Pickle Ball (ages 50+)

Tuesdays and Thursdays, 7:30 to 11 a.m.

Dula Gymnasium, 441 East Bonanza Road, (702) 229-6307.

Bring tennis shoes. All equipment supplied.

13th Annual Stacy Darling Tennis Championships (ages 19+)

September 6-17. Register online at www.usta.com or at the Darling Tennis Center.

Fees: \$46 singles; \$60 open singles; \$76 team doubles, \$86 open doubles.

Amanda & Stacy Darling Memorial Tennis Center, 7901 W. Washington Avenue, (702) 229-2100.

USTA sanctioned event. Sept. 2 deadline to register for men's and women's doubles; use tournament No. 257102706. Sept. 8 deadline to register for singles, mixed doubles and open competition; use tournament No. 257100406. Party for registered participants and one guest, Sept. 16, 6 to 10 p.m.

Adult Volleyball Leagues (ages 16+)

Mondays or Wednesdays, 7 to 9 p.m., September 11-October 18. Registration open until full.

Fee: \$150 per team or \$30 per person, plus officials' fees

Brinley Middle School Gym, 2480 Maverick Street, (702) 646-9046.

Adult Basketball Leagues (ages 16+)

Tuesdays or Thursdays, 7 to 9 p.m., September 12-October 19. Registration open until full.

Fee: \$150 per team or \$30 per person, plus officials' fees.

Brinley Middle School Gym, 2480 Maverick Street, (702) 646-9046.

Teams must wear matching shirts. Participants must wear rubber-soled gym shoes.

Biddyball Hoop League (up to age 7)

Registration opens Sept. 12. Clinic for pre-registered participants Saturday, Sept. 23; play Mondays, Wednesdays and Fridays begins October 23.

Fee: \$50 per player. Birth certificate required.

Gibson Community School, 3990 W. Washington Avenue, (702) 229-5096.

Youth Fall Soccer Leagues (ages 3-14)

Saturdays, September 16-October 21. Registration open until full.

Fee: \$35 ages 3-6; \$45 ages 7-8; \$65 ages 9-14.

Brinley Community School, 6150 Smoke Ranch Road, (702) 646-9046.

Fee includes T-shirt, participation award, instruction, weekly practice and weekly game. Participants are required to wear shin guards and cleats. Volunteer coaches are needed.

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NFL Youth Flag Football (ages 6-14)

Saturdays, beginning September 16, 9 a.m. to noon

Fee: \$65, includes jersey

Cadwallader Community School, 7775 Elkhorn Road, (702) 229-1633.

Cimarron Rose Community Center, 5591 North Cimarron Road, (702) 229-1607.

Gibson Community School, 3990 W. Washington Avenue, (702) 229-5096.

Lied Community School, 5340 West Tropical Parkway, (702) 229-5072.

Robison Community School, 4794 Harris Avenue, (702) 229-2542.

West Community Center, 2050 Sapphire Stone, (702) 229-5080.

Program emphasizes football education, participation and sportsmanship. Children participate in age divisions 6-8 coed, 9-11 coed and 12-14 boys. Volunteer coaches are needed.

Coed Biddyball Basketball League (ages 5-7)

Saturdays, beginning September 23

Fee: \$45 per player, includes shirt

West Community Center, 2050 Sapphire Stone, (702) 229-5080.

Over 30 Basketball League (ages 30+)

Tuesdays, beginning September 26. Register by September 8.

Fee: \$300 per team, plus \$25 officials' fees per game.

Charleston Heights Community School, 6438 Celeste, (702) 878-8644.

Family World Series (ages 5-adult)

Saturday, September 30, 3 p.m. Must register by September 15.

Fee: \$5 baseball participants; free movie

Johnson Community School, 340 Villa Monterey, (702) 229-6175.

Bring the whole family for this fun-filled event. All skill levels welcome. Minimum of 2 players required.

First place team will receive Family World Series trophy. Stay for *The Rookie* baseball movie, which starts at dusk. Hot dogs, chips, peanuts and Crackerjacks available for purchase.

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